



STIHL®



**Welcome to 49th EFNS**

**20th - 25th February, 2017 Madona, LATVIA**





**STIHL®**

<b>Welcome .....</b>	<b>3</b>
<b>Program.....</b>	<b>4</b>
<b>Venue .....</b>	<b>5</b>
<b>Competition .....</b>	<b>6</b>
<b>Registration.....</b>	<b>10</b>
<b>Starting and other fees.....</b>	<b>10</b>
<b>Accommodation.....</b>	<b>11</b>
<b>Transport.....</b>	<b>11</b>
<b>Opening ceremony.....</b>	<b>11</b>
<b>Excursions .....</b>	<b>12</b>
<b>Public event.....</b>	<b>15</b>
<b>Contacts.....</b>	<b>16</b>




**STIHL®**

## Welcome



### Dear participants of EFNS!

Madona region is characterized by two colors - green and white. The green symbolizes our wealth - forests, while the white – our snowy winters. It is significant, that these two characters meet at one of the most important event of the year 2017 in Smeceres Sils Skiing and Biathlon Base - European foresters' competition in Nordic Skiing: EFNS. Sport and active recreation in the nature where the basic ideas by creating the largest sports base in Madona Municipality that has developed into the leading winter sports center through out the region.

Dear athletes, we wish everyone of you success on our ski-tracks! We wish you satisfaction with your achievements and a nice time in the surroundings of Madona, a lot of positive impressions.

On behalf of Madona municipality,

**Andrejs Ceļapīters**, Chairman of Municipal Council

### Welcome to Madona region!

With sporty greetings I invite you all to EFNS 2017 championships in Madona, Latvia. Madona region has fantastic nature, active people, good sport infrastructure and the gem – Madona town – in the center of the region. Our slogan is: “Town where you are awaited!” With great responsibility we host EFNS family here and we are truly proud of having the honour for being the home for EFNS 2017 competition.



Along with sporting activities and individual achievements during these days I invite you to get acquainted with Madona, our region, our way of living, working, and what we are proud of. Madona region is the third biggest region by area in Latvia, having almost 26 000 inhabitants. In Latvia we are special with referring to us as “Winter Capital of Latvia”. It starts snowing at here first and the snow melts down at here last, and, of course, we have got skiing and biathlon sports base “Smeceres sils” which is the most developed sports complex of a kind in the state today.

Yours faithfully,

**Agris Lungevičs**, Deputy Chairman of the Board of Madona region municipality





## Program 19.-26. February 2017

### Sunday February 19th

- Arrival of participants
- 15:00 – 21:00 Competition office open at *Sports Hall*, Gaujas iela 13
- Distribution of participants' Team packages
- Tracks are open for training at *Smeceres Sils*

### Monday February 20th

- 7:30 – 10:00 Competition office open at *Smeceres Sils*
- 8:00 – 18:00 Excursions start and end at the *Culture Centre*, Raiņa iela 12
- 17:00 – 19:00 Competition office open at *Smeceres Sils*
- Tracks are open for training at *Smeceres Sils*
- 18:30 – 19:00 Participants are welcome at the *Town Square*, Saieta laukums1
- 19:00 – 20:00 Official opening of EFNS 2017 at the *Town Square*

### Tuesday February 21th

- 7:30 – 10:00 Competition office open at *Smeceres Sils*
- 8:00 – 18:00 Excursions start and end at the *Culture Centre*
- 17:00 – 20:00 Competition office open at *Smeceres Sils*
- Tracks are open for training at *Smeceres Sils*
- 18:30 – 19:00 Team-leaders meeting at *Madona Municipality*
- 19:00 Annual meeting of EFNS committee at *Madona Municipality*

### Wednesday February 22th

- 9:00 – 17:00 Competition office open at *Smeceres Sils*
- 9:00 – 12:00 Official training with 10 test-shootings at *Smeceres Sils*
- 13:00 – 16:00 Individual race, Free-style at *Smeceres Sils*

### Thursday February 23th

- 9:00 – 17:00 Competition office open at *Smeceres Sils*
- 10:00 – 14:00 Individual race, Classic-style at *Smeceres Sils*
- 18:00 – 19:00 Forestry evening: "**The Future with Timber**" by Mr. Andrejs Domkins, director of Latvia's forest and forest products' research and development private institute [www.e-koks.lv](http://www.e-koks.lv) at the *Culture Centre*, english&german
- 17:30 – 19:30 Competition office open at the *Smeceres Sils*
- 20:00 Registration deadline for relay race at [efns@madona.lv](mailto:efns@madona.lv)

### Friday, February 24th

- 7:30 – 15:00 Competition office open at *Smeceres Sils*
- 9:00 Relay races at *Smeceres Sils*
- Afterwards International After Ski at *Smeceres Sils*
- 19:00 Prize giving ceremony and Banquet at the *Sports Hall*

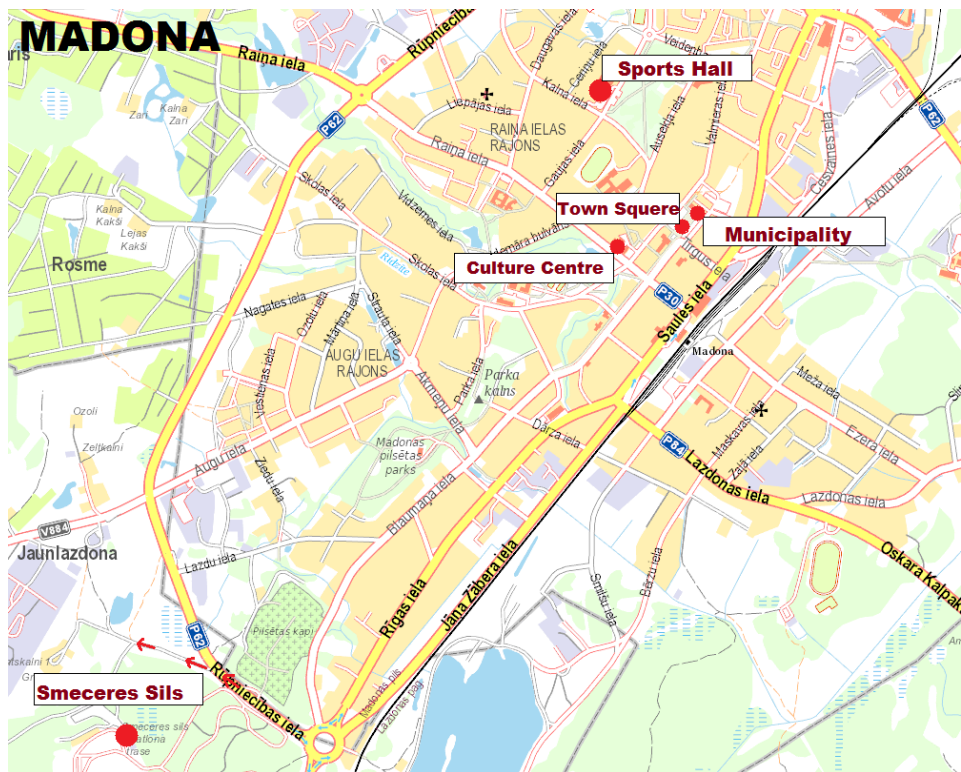
### Saturday February 25th

- 9:00 – 10:00 Competition office open at *Smeceres Sils*
- Public cross-country skiing event at *Smeceres Sils*





# Venue





## Competition

### Competition Rules

The competitions are operated according to the EFNS' rules and guidelines.

### Authorization for participants

- People with the following occupation are authorised to participate:
  - retirees or employees of forest, timber or timber processing enterprise
  - forestry students, forest warden and people with an education in forestry
  - forest owners and workers
- Family members of the above mentioned people
- Guests (sponsors and partners) with a special invitation

### Categories

There are woman and men categories according to the age groups:

Students & Youth	D 13 , H 13	1999 and younger
Women/Men	D 19 , H 19	1987-1998
Women/Men	D 31 , H 31	1977-1986
Women/Men	D 41 , H 41	1967-1976
Women/Men	D 51 , H 51	1957-1966
Women/Men	D 61 , H 61	1947-1956
Women/Men	D 71 , H 71	1937-1946
Women/Men	D 81 , H 81	1936 and older
Disabled	D / V , H / V	all
Guests	D / G , H / G	all

### Single Competitions

There is one single competition in free technique and one in classic technique

Students & Youth	5 km without shooting
Women D19 - D 71	5 km with shooting
Men H 19 - H 71	10 km with shooting
D81/H 81	5 km without shooting
Disabled	5 km without shooting
Guests	5 km with shooting





### Shooting

After 1st lap: 5 shots with 50 meter distance, standing.

For each shot that does not hit, the participant has to run a penalty lap of 150 meter.

### Time penalty

Each participant has 5 shots to be fired. The participant receive a time penalty of 2 minutes for each not fired shot respectively foreach not runed penalty lap.

Each participant who starts without transponders receive a time penalty of 2 minutes.

### Disqualification

Skate skiing in the classic technique competition will cause disqualification.

Pointing the weapon in official training and competition not towards targets will cause disqualification.

### Security first

Each participant is responsible for own shot.

The weapon is given to the participant only when he/she is steady and secure

Links guns are on tracks Nr.1, Nr.2, Nr.3

### Awarding:

A minimum of 3 participants must be registrated in a category in order to recieve an independent award category. If there are less than 3 athletes in one category, they will compete with the better category.

The best team in relay race representing university, college or professional school will be special rewarded by Forestry Faculty of University of Agriculture of Latvia as well as the best individual time (men and women) in both techniques: free and classic.

### Relay races

All relay races are without shooting sessions. The course will be the same as in the single competitions.

Students & Youth	1999 and younger	3 x 5 km (1 KT + 2 FT)
Women	1998 and older	3 x 5 km (1 KT + 2 FT)
Men	1998 and older	4 x 8 km ( 2 KT + 2 FT)
Disabled	all	3 x 5 km ( 1 KT + 2 FT )

The relay races of women/men 1998 and older are divided into two age classes:

Class over 50 for participants over 50 years only (1966 and older)

Class under 50 for all participants

Change over requires body contact in designated area of 30 meters.

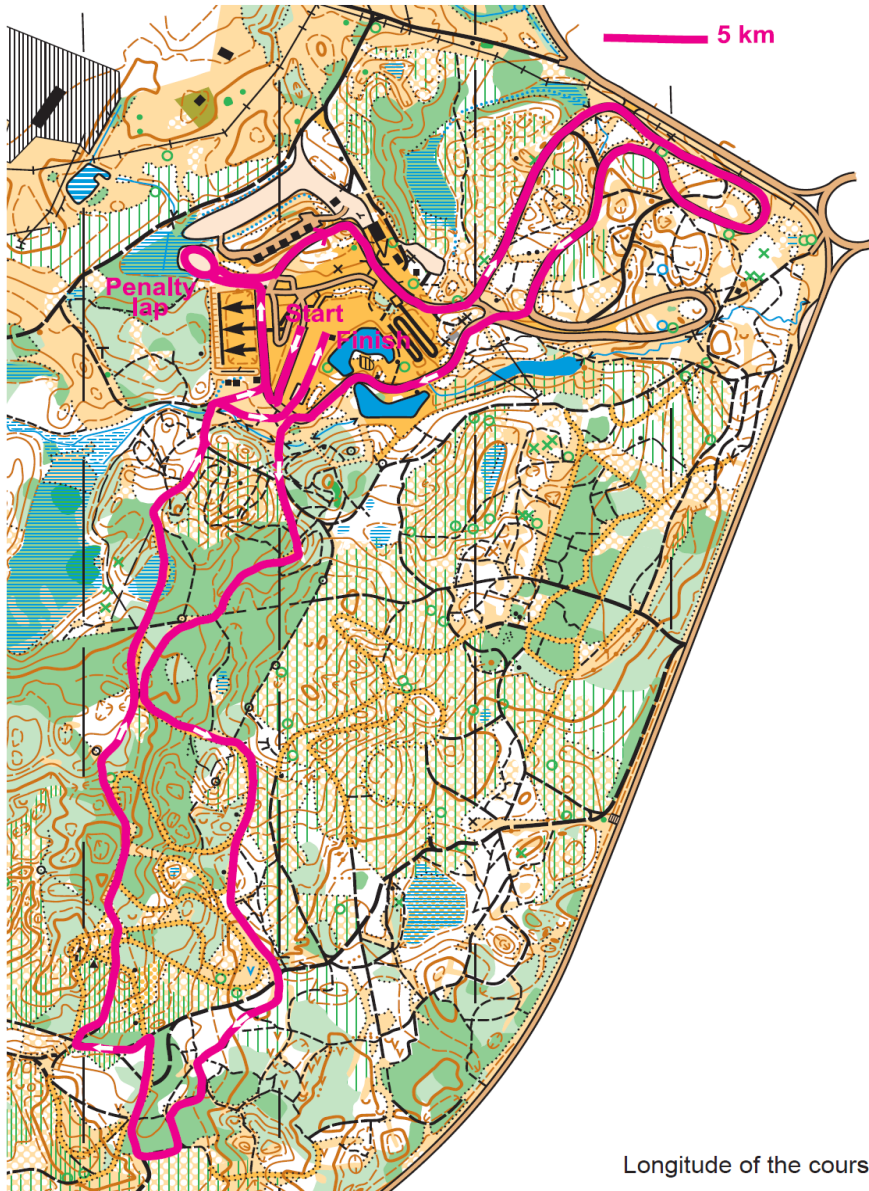
### Competition Jury

TD in EFNS Board, 1 member from Try Biathlon, 1 member from EFNS AC, 2 representatives from the team leaders.

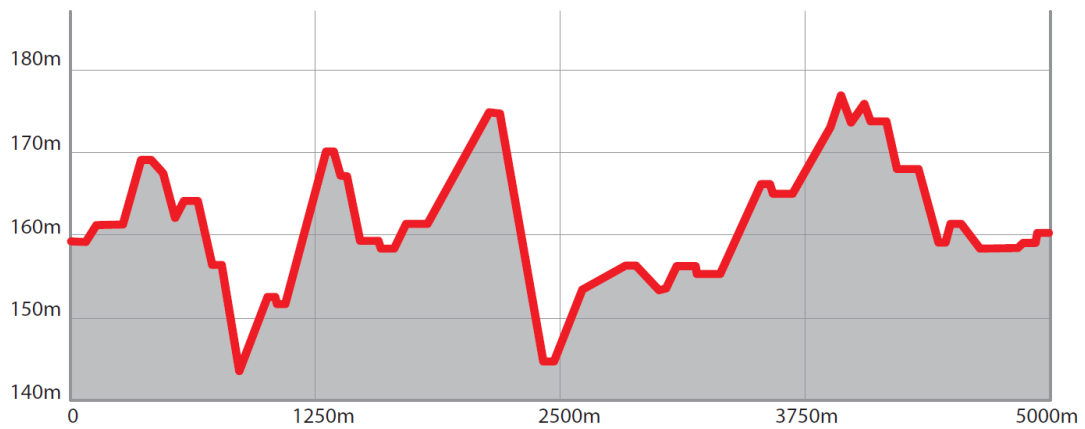
### Ski waxing

Professional ski waxing service by *SPORTLAND* will be offered on the competition days.

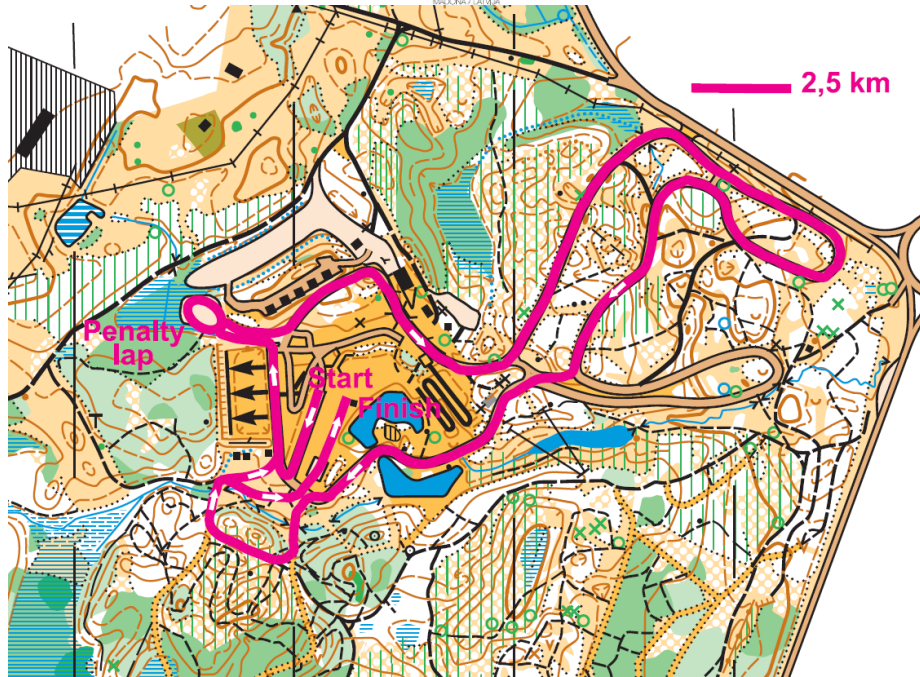




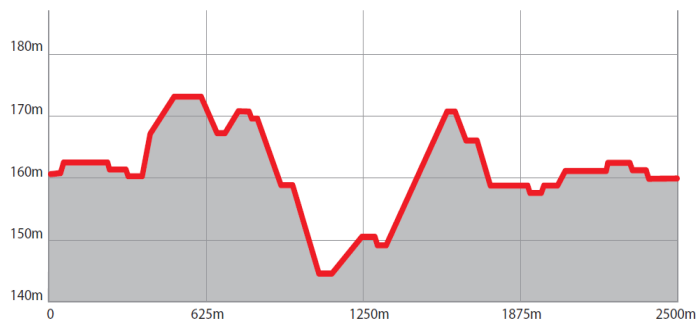
Longitude of the course: 5km







Longitude of the course: 2,5km





## Registration

Registration only on the EFNS Website: <https://www.efns.eu/de2/anmeldung/>

Closing date **15th December 2016**

Late registration from 16th December 2016 to 15th January 2017 **+ 10 €**

## Starting and other fees

### Starting fee

The starting fee includes official training with 10 shots, both starts single competition, the relay race, the opening ceremony at the Town Square, Forestry evening at Culture Centre and Prize giving ceremony before Banquet at Sports Hall.

Participants 26 year and older 50€

Travelling partners 12€

Participants 25 year and younger

0€ for first 60 registrated participants

40€ for 61st and later registrated

### Excursions

Excursion nr. 1 16€

Excursion nr. 2 24€

Excursion nr. 4 , 5 , 6 36€

Excursion nr. 3 , 7 , 8 44€

### Banquet

Includes dinner, live music, dance 20€

### Payment

Recipient/Beneficiary: Organization „Meža sports”

Address: Akadēmijas 11, Jelgava, LV3001, Latvia

Bank: SEB banka

IBAN NO: LV09UNLA0050003789509

SWIFT/BIC: UNLALV2X





## Payment confirms sign up/booking

The starting, excursion and banquet fees have to arrive at recipient's bank account **until 20th December 2016**. Late payment requires late registration fee + 10 € for each late registered participant.

In case of cancellation, the paid amount will not be refunded. However, the start number can be passed on to another participant.

## Disclaimer

After submitting their registration forms, competitors waive their right to claim any indemnity of any kind from the International Committee for European Forest Nordic Competitions (IC-EFNS) and the organisers of the EFNS (Local Organising Committee). The disclaimer concerns injury to persons or damage to property caused by any degree of negligence and also to the period beginning with the journey to the EFNS, continuing during the week of the competitions and ending with the home journey. In their own interest competitors must show that they are in possession of existing insurance cover for third party liability and accident as well as a current health certificate, which confirms the physical ability to participate in competitions. Regardless of the obligation to provide proof of possession of the above documents, competitors exempt the IC-EFNS and the Local Organising Committee from any liability on the part of the organisers towards third parties on account of persons suffering material damage or financial loss, including legal costs for the defence against third-party claims, attributable to the competitors. The Organising Committee itself is in a position to demonstrate the possession of a binding third-party liability and accident insurance for its members, its helpers and the spectators at the EFNS.

## Accommodation

Organising Committee of EFNS 2017 recommend until **1st December 2016** to make reservation of accommodation.

The list of hotels, hostels, guest houses and holiday houses in Madona region and their status of reservation will be updated at [www.efns.eu](http://www.efns.eu) and <http://www.madona.lv/turisms/lv/efns-2017-naktsmitnes>

For support please contact Madona region tourism information centre [tic@madona.lv](mailto:tic@madona.lv)

## Transport

For those teams which plan to come without own transport Organising Committee of EFNS 2017 recommend order and rent transport at Riga to make your stay in Madona during EFNS week more comfortable. For support of rent coaches for ca. 7...45 persons please contact [tic@madona.lv](mailto:tic@madona.lv)

## Opening ceremony Monday February 20th 2017

Time of EFNS in Latvia correspond with festival of welcome spring – **Metēņi** – in Lithuanian *užgavenės*, in Estonian *vastlapäev*, in Belarussian *масьленица*. With us in celebrating **Shrovetide (Metēņi)** are preserved ancient old traditions of the removal, for the ancient Indo-European peoples New Year eve has been present in mid-February. Elsewhere in Europe and America, this festival coincides with the carnival time and is called "fat Tuesday" - in French: *Mardi gras*, in English: *Shrove Tuesday* or *Shrovetide*, in German: *Fastnacht*. **We invite all participants to come to Opening ceremony in masques**. Most popular Shrovetide masks in Latvia are: the *Bear* and its *Charmer*, the *Crane*, the *Wolf* and the *Goat*, the *Death*, the *Great Women* – usually a man, and the *Small Man* – usually a woman. All kind of masques are welcome!






## Excursions

Dear visitor! We invite You to become acquainted with our precious Latvia within two excursion days. We have planned miscellaneous programmes, which comprise professional meetings and visits to woodworking enterprises, as well as going to the nature and connection with tourist sites of Latvia.

No	Destination	Total, km	Price €/pers	20.02.2017.	21.02.2017.
1	Madona	on foot	16.-	English	German
2	Kalsnava	75	24.-	English	German
3	Lubāna	190	44.-	German/ English	German/English
4	Alūksne	230	36.-	German	English
5	Sigulda	270	36.-	German	English
6	Rēzekne	290	36.-	German	English
7	Daugavpils	330	44.-	-	English/German
8	Cēsis	230	44.-	English	German

All excursions include guided tour, free entrance (except soft bob at Excursion Nr.5) and warm food at lunch. If there are too few participants for one excursion, it may be cancelled. If there are too many participants, it is the first to sign up to get to participate. The team leaders will be informed and given the opportunity to switch to another. All excursions will start 8:15 AM and end at ~18:00 PM at **Culture Centre**, Raiņa street 12, Madona.

### (1) MADONA - 20.02. (english), 21. 02. (german).

Day without a bus / walking on foot / group up to 20 pers.

Participants may convert themselves this Excursion to ½ day excursion and start it by lunch at **Sports Hall** Gaujas street 13, Madona 13:00 noon.

- Madona Region Municipality.
- Madona Regional Environmental Board of State Environmental Service of the Republic of Latvia.
- Madona Museum of Local History and Art.
- Library of Madona region.
- Lunch.
- Madona's Sports Center.
- Madona Art School.
- Workshop of potter Jānis Seiksts.
- Madona Caramel Sweets Workshop.

### (2) KALSNAVA - 20.02. (english), 21. 02. (german).

By bus 65 km / group up to 45 pers.

- Woodworking enterprise *Latvāņi* - sawmill, pellet and sawdust briquettes, joinery workshop (windows, door), insulation panels etc.
- Business unit of Latvia's State Forests company *LVM sēklas un stādi (seeds and plants)*: seminar on manufacturing of forest's reproductive material in Latvia and visit to Forest's Seed Centre.
- Lunch.
- Nature route at the *Kalnava Arboretum* – one of the largest and the most beautiful Latvia's collections of ornamental shrubs and trees, 140 ha, approximately 2500 diversities.
- *Baltic Block*– production site and cogeneration station of highly durable composite pallet blocks.





### (3) LUBĀNA – 20.02. and 21.02. (both days german/english).

By bus 170 km / each language group up to 20 pers. / guided by the nature expert Uģis Bergmanis (german) and partners

- Rehabilitation station for wild birds. The host *Uģis Bergmanis* is the Senior Environmental Expert of Latvia's State Forests, enthusiastic researcher of eagles and expert in wolves. He has established *Rehabilitation Station* for wild birds in his house.
- Routes (3 and 5 km) in surrounding forests of Lubāna tracking snow-covered animals' footprints. The rout guide Uģis is also enthusiastic researcher of wolves.
- Lunch.
- *Lake Lubāns* is the biggest diked lake in Europe. The lake is surrounded by nature reserve "Lubāna mitrājs" (*Lubāns wetland*) and powerful massives of marshes. About 250 bird species have been observed in surroundings. The territory is included in the Ramsar Convention's list of places and Important Bird Areas of the BirdLife International Partnership for protection of birds.
- In the afternoon at the *Information Center of the Lubāns Wetland* Uģis will tell stories about Latvia's flora and fauna.

### (4) ALŪKSNE - 20.02. (german), 21. 02. (english).

By bus 210 km / group up to 45 pers .

- *Cesvaine Castle* – an outstanding example of eclectism, built in the end of 19th century according to the project of german architect H. Grīzebahs. There is well preserved manor complex around the castle.
- Gulbene and historical *Depot* – narrow-gauge engine-shed. 33 km stage of narrow-gauge railway with still preserved train line begins at depot. Railway transporting service will be not taken on this excursion.
- Lunch.
- Alūksne and woodworking enterprise *4PLUS* – manufacturing of materials made of aspen tree for baths and sauna, sawdust briquettes are made of remnant.
- Wood shape processing master *Harijs Stradiņš's* workshop. Master shows and tells how to create beautiful furniture and interior items from imperfections of wood.

### (5) SIGULDA - 20.02. (german), 21. 02. (english).

By bus 250 km / group up to 45 pers.

- *Nature Conservation Agency* of the Republic of Latvia – its purpose is to ensure implementation of unified nature protection policy in Latvia by carrying out effective management and administration of Latvia's specially protected nature territories. *Gauja Nacional Park* is the largest and oldest nacional park in Latvia established in 1973.
- Sigulda bobsleigh and luge track – built in 1986, length 1200 m, 16 turns. The track hosts bobsleigh, luge and skeleton competitions. An opportunity to ride with the "Vučko" soft bob. Price – 50 eur, max participants at one drive – 5 people.
- Lunch.
- *Turaida Museum Reservoir* – territory is rich in archaeological, architectural, historical and artistic monuments, which tell about events in the time of one thousand years beginning with the 11th century. One of the most popular destination point of tourists in Latvia.





### (6) RĒZEKNE - 20.02. (german), 21.02. (english).

By bus 270 km / group up to 45 pers.

- *Verems* factory of *Latvijas Finieris*. Story about *Latvijas Finieris* operation pattern and excursion in the factory: manufacturing of birch plywood and details for furniture.
- Farmstead of potter *Aivars Ušpelis*. Modest and colorful latvian farmstead with potter's workshop, hostess's paintings and collection of antique household items.
- Lunch.
- *Lūznava manor* – Art Nouveau gem of Latgale. It was built in the early 20th century as a place for art and music. Over the decades it experienced historic change, becoming a school, military headquarters and parish administration. In 2015 – the manor reborn anew to devote itself to art again.
- *GORS* – the high-quality acoustic concert hall. Its pride are the two acoustic concert halls, the sonority of which is ensured by their special architecture that allows the acoustic properties to be modified depending on the type of the concert.

### (7) DAUGAVPILS - 21. 02. (german/english).

By bus 310 km / group up to 45 pers.

- *Līvāni Glass Museum*. The collection encounters about 4000 products made of glass, in time of 100 years, while Glass Factory was still working in Līvāni (closed nowadays).
- Lunch.
- *Daugavpils Fortress*. The construction of the fortress began in 1810 by the army of the Russian Empire in order to strenghten Russian western borders preparing for a war with Napoleon. Historically armies of different powers were located here at different times. Approximately 85% of the fortress have been preserved till nowadays and occupy an area of about 2 square kilometers.
- Daugavpils **Mark Rothko Art Center** – expositions of 2000 square meters. The world famous artist, founder of the abstract expressionism Mark Rothko's original works and reproductions, exhibitions of works of Latvian, European and the world's artists. One of the most popular destination point of tourists in Latvia.

### (8) CĒSIS - 20.02. (english), 21.02. (german).

By bus 210 km / group up to 45 pers.

- *Piebalga Porcelain Factory*. Small production unit, where untraditional goods made of white porcelain are produced.
- *Āraiši Lake Castle* – buildings made of wooden constructions, built and inhabited in 9-10th centuries. Excursion and *Stone Age Bread* baking on a fire.
- Lunch.
- Cēsis. *Cēsis Castle Complex*. The beginnings of the town of Cēsis can be traced back to 800 years ago. They are related to the medieval Cēsis castle, around which, a town appeared in the 13th century. The castle was one of the most important support points of German Order in Baltics, presently – the most impressive and the best preserved ruins in Latvia. Cēsis Medieval Castle with Medieval activities.




**STIHL®**
**Public event 25th February 2017**

# Skiing Race “Madona”

Skiing race will take place  
**25th of February 2017**

at sport center

“Smecersils”, Madona Latvia

**Start at 12:00 a.m.**



## Skiing distances:

- 30km (F)
- 15km (F) – 1lap

Apply for the event you can on

**[www.sportlat.lv](http://www.sportlat.lv)**

from 01.12.2016

More information about the competition, regulation and to apply for the event  
 you can on website [www.sportlat.lv](http://www.sportlat.lv)





**Contacts:**

Mārtiņš Gaigals	Chairman	<a href="mailto:m.gaigals@gmail.com">m.gaigals@gmail.com</a>	+371 29166096
Gunārs Ikaunieks	Venue, Competitions	<a href="mailto:gunars21@inbox.lv">gunars21@inbox.lv</a>	+371 26532979
Dainis Reķelis	Payments	<a href="mailto:d.rekelis@lvm.lv">d.rekelis@lvm.lv</a>	+371 29279279
Dagnis Dubrovskis	Ceremonies, Youth	<a href="mailto:dagnis.dubrovskis@llu.lv">dagnis.dubrovskis@llu.lv</a>	+371 26436873
Sanita Soma	Excursions, Accommodation, Transport	<a href="mailto:tic@madona.lv">tic@madona.lv</a>	



